



Inland Empire Electrical Workers
Health & Welfare Trust
PO Box 5433
Spokane, WA 99205



PRSRT STD
U.S. POSTAGE
PAID
Spokane, WA
Permit No. 307

WELLPOWER
in charge of your health

Inland Empire Electrical Workers Health & Welfare Trust

INVITES YOU AND YOUR ELIGIBLE DEPENDENTS

TO PARTICIPATE IN THE

COALITION HEALTH FAIRS

2017 SATURDAYS FROM 8AM – 12 NOON

Spokane

September 23rd

Red Lion at the Park 303

W. North River Drive

Spokane, WA 99201

Pasco

September 30th

Red Lion 2525 N.

20th Ave. Pasco,

WA 99301

LAB TESTS AVAILABLE AT THE HEALTH FAIR

Testing is available to adults over age 18 and includes all of the panels listed below. Test results will be sent to you directly. Due to demand, **pre-registration is required**. Pre-registration opens on **August 14th** at www.coalitionhealthfair.org and **closes three Thursdays before each fair**.

CHEMISTRY / HEMATOLOGY PROFILE: NO COST TO YOU – 100% PAID FOR BY YOUR PLAN

This is a comprehensive blood test that screens kidney function, liver enzymes, electrolyte (salt) imbalance, diabetes, tissue disease or damage, coronary heart disease and more. In order to obtain valid results, it is recommended that you fast for 12 hours before testing. Fasting means no food or drink except water. (Diabetics should NOT fast. In all cases, prescription medication should be taken.)

THYROID SCREEN: NO COST TO YOU – 100% PAID FOR BY YOUR PLAN

You may want to do this test if you have a family history of thyroid problems, if you are a female over age 45, or if you are experiencing unexplained weight loss or gain, depression, memory loss, or have a swollen thyroid.

PROSTATE DISEASE SCREEN: NO COST TO YOU – 100% PAID FOR BY YOUR PLAN

Men, especially those of African descent and men with a family history of prostate cancer, should start screening at age 40.

* Please note that this year, neither vitamin D testing or biometric screenings will be provided.

FLU SHOTS: Flu shots will be offered to eligible participants age 9 and over at no cost to you – 100% paid by the Alaska Coalition. Vouchers will not be available.

This health fair is brought to you by your Health Plan, through its participation in the Health Care Cost Management Corporation of Alaska (the Coalition).